

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Health						
1	Vermont Department of Health (VDH)	Vermont Blueprint for Health	Standardized statewide system of care for individuals with and at risk for chronic conditions emphasizing prevention and health maintenance	State of Vermont	Ongoing	Individuals with and at risk of chronic conditions	State Funding
2	Vermont Department of Health (in collaboration with VT agencies and community organizations that focus on the health of populations)	Fit and Healthy Vermonters	In alignment with Vermont Blueprint for Health, encourages statewide partners to work together to encourage lifelong healthy eating and physical activity	State of Vermont	Ongoing	Vermonters of all ages	State Funding
3	VDH, VDE, Department of Buildings and General Services, VTrans, Governor's Council on Physical Fitness and Sports	Fit and Healthy Kids (includes "No child left inside" and other programs)	Joint effort broad program for addressing issues of childhood obesity, nutrition, and physical activity	State of Vermont	Ongoing	Vermont children	State Funding
4	Governor's office with Department of Forests, Parks and Recreation	Governor's Council on Physical Fitness and Sports	Promote physical fitness through development of services and programs, stimulating research, and other methods (see 10 VSA Ch 83 § 2605 for more details)	State of Vermont	Ongoing	All Vermonters	State Funding

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Health						
5	Vermont Department of Human Resources	Vermont State Employees' Wellness Program	Improve health of employees and worksites through screening, activities, workshops, and classes	State of Vermont	Ongoing	State Employees	State Funding
6	VDH, Vermont Child Health Improvement Program (VCHIP), Area Health Education Center (AHEC) at UVM	Promoting Healthy Weight in Primary Care	Evidence-based assessment, prevention, and treatment of obesity in primary care settings (i.e. Use of BMI to assess healthy weight)	State of Vermont	Ongoing	All Vermonters	
7	VDH	CHAMPPs (Coordinated Healthy Activity, Motivation and Prevention Programs)	Comprehensive, substantial, multi-year grants to communities, municipalities, coalitions, and non-profits for health and wellness projects. Focus on policy, systems and environmental change strategies, for chronic disease preventions.	State of Vermont, with each project focused on smaller area	Ongoing	Low income Vermonters, non-profits with geographic focus smaller than statewide	State General Funds
8	VDH	Special Supplemental Nutrition Program for Women, Infants and Children (WIC)	Improve health by informing families about good health practices and by providing nutritious foods to eligible Vermonters	State of Vermont	Ongoing	Women and children residents of VT, income and health nutrition guidelines	State Funding

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Health						
9	VDH	Fit WIC Activity Guide	Encouraging physical activity for young children and engaging their families to get involved	State of Vermont	Ongoing	Women and children, residents of VT, income and health nutrition guidelines.	State funding
10	Centers for Disease Control and Prevention (CDC)	Action Communities for Health, Innovation, and Environmental Change (ACHIEVE)	CDC provides funds to selected national organizations, which provide technical support and funds to selected communities (40 per year)	Nationwide	VT grant applications in process	Limited	CDC
11	CDC, YMCA	Pioneering Healthier Communities	Along with ACHIEVE, part of CDC's Healthy Communities Initiatives. YMCAs are convenors in their communities. PHC is focused on environmental and policy changes related to healthy eating and increased physical activity.	Service areas of Greater Burlington YMCA and Meeting Waters YMCA (Windham County)	Ongoing	All people in those YMCAs' service areas	CDC through YMCA of the USA
12	VDH	Healthy Retailers Project	Support retailers in VT to make healthy food choices more readily available	State of Vermont	24 months. February 2010 - January 2012	All Vermonters	Reinvestment Funding in Stimulus Bill (Federal)
13	VDH	Media/Marketing "Eating for Health" Campaign	Counter marketing for healthy eating	State of Vermont	24 months. February 2010 - January 2012	All Vermonters	Reinvestment Funding in Stimulus Bill (Federal)

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Health						
14	VDH, Vermont Governor's Council on Physical Fitness and Sports	Get Moving Vermont	Statewide initiative to improve the overall health of Vermonters by encouraging people of all ages to get at least 30 minutes of physical activity most days of the week	State of Vermont	Ongoing	All Vermonters	State Funding
15	VDH	Worksite Wellness Program	Guidelines for planning, implementing, and evaluating workplace wellness programs focusing on the major risk factors to chronic disease	State of Vermont	Ongoing	All employers and employees in Vermont	State Funding
16	Girls on the Run (non-profit prevention program)	Girls on the Run Vermont (Vermont Chapter)	Educating and preparing girls for a lifetime of self-respect and healthy living, through running	State of Vermont, with programs at local communities and schools	Ongoing	Girls - grades 3-8	Non-profit / corporate sponsors
17	Girls Move Mountains	Girls Move Mountains	To nurture girls' confidence, courage, and leadership through adventure-based experiential education, and physical activity	Central Vermont	Ongoing	Adolescent Girls	Individual donations, grants, program fees, business sponsorships

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Health						
18	Meeting Waters YMCA	Community Healthy Living Index	CHLI is a facilitated self-assessment conducted by a diverse group of stakeholders within schools, child care organizations, other youth organizations, workplaces, neighborhoods and schools. They assess the supports for health on many dimensions of their environments, policies and practices, and plan for improvements based on their findings.	Meeting Waters YMCA's service area (Brattleboro, Bellows Falls, and Springfield regions)	Ongoing	All within service area	MWYMCA without outside funding.
19	Northeastern Vermont Regional Hospital / UVM Extension	Dining with Diabetes	Cooking instruction and food tasting for people with diabetes and their families	Caledonia and S. Essex county	Ongoing	People with Diabetes	Fee for service
20	Northeastern VT Area Agency on Aging	Living Strong	Strength training with weights for people 40 and older	Caledonia, Essex, and Orleans Counties	Ongoing	People 40 and over	Donations
21	Northeastern VT Area Agency on Aging	Tai Chi for Seniors	Tai Chi classes for mind and body fitness	Caledonia, Essex, and Orleans Counties	Ongoing	People 60 and over	Donations
22	Blue Cross Blue Shield	Cooking for Life	Healthy cooking classes	State of VT	Ongoing	School children	BCBS
23	UVM Extension	Cooking Classes	Healthy cooking classes	State of VT	Ongoing	Low income individuals and families	

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Health						
24	Northeastern VT Regional Hospital	Health Coach	Individual coaching for physical activity and nutrition, including food shopping	Caledonia and Southern Essex Counties	Ongoing	Adults	Private insurers through the VT Blueprint for Health

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Education						
25	Vermont Department of Education (VDOE), USDA	National School Lunch and School Breakfast Programs (NSLP and SBP)	Provide funding for nutritional low-cost meals served to school children	State of Vermont	Ongoing	School Children	USDA and state funds
26	VDH, Vermont Department of Education (VDOE), Agency of Agriculture, Food & Markets (AAFM)	School Wellness Policy Guidelines	Provide guidelines for best practices for food served in schools outside of the school meals program	State of Vermont	Ongoing	School Children	
27	VDOE, USDA	School Milk Program (SMP)	Provides milk served to children for no charge or at a reduced rate	State of Vermont	Ongoing	School Children	USDA and state funds
28	VDOE, USDA	Afterschool Snack Program (NSLP or CACFP) or Supper Program (CACFP)	Provides funding for snacks and/or suppers served to children to promote healthy afterschool activities	State of Vermont	Ongoing	School Children through age 18	USDA
29	VDOE, USDA	Summer Food Service Program (SFSP)	Provide nutritious meals to school children from low-income families during the summer months	State of Vermont	Ongoing	Available to children who rely on free or reduced-price meals during school year. In 2009, 37 sponsors served 165,123 SFSP meals to children at 100 sites in Vermont	USDA
30	VDOE, USDA	USDA Food Programs (Commodity Foods)	Provides commodities or cash to schools to help meet nutritional needs to children pre-K thru grade 12	State of Vermont	Ongoing	School Children	USDA

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Education						
31	VDOE, USDA	Fresh Fruit and Vegetable Program	Fruit and vegetables to eligible schools	State of Vermont	Ongoing for past two years	School Children in schools at 50% free and reduced meal enrollment	USDA
32	Southern Vermont Area Health Education Center (AHEC)	30 + 5 Health Education Program	School-based obesity prevention program. Projects include: hands on cooking classrooms, taste testing produce, training cafeteria staff to work w/produce, teacher training for classroom energizers, helping communities establish community gardens	Southern Vermont (Springfield and Bellows Falls)	6 years total, ending May 2012	Elementary school youth	Health Resources Service Administration, Federal Rural Health Grant
33	Vermont Association for Health, Physical Education, Recreation, and Dance	Various education and competition events	Serve educators in health, physical education, recreation and dance	State of Vermont	Ongoing	Educators	
34	VDH, DOE, VT Dairy and Food Council, VT FEED, BCBS, School Food Service and Physical Education Teacher Reps	Vermont Action for Healthy Kids	Connect wellness opportunities in schools through the pairing of physical activity and nutrition education	State of Vermont	Ongoing	School-age children and youth	
35	National Dairy Council, NE Dairy and Food Council, National Football League, USDA	Fuel Up to Play 60	Promoting physical activity and nutrition education for K-8 students		Ongoing	Students K - 8; over 200 schools participate	

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Agriculture						
36	Center for Food and Justice (CFJ), Community Security Food Coalition (CSFC)	National Farm to School Network	Promote farm to school programs as models for improving the economic viability of family-scale farmers and child nutrition	State of Vermont	Ongoing	Family-scale farmers and children	W.K. Kellogg Foundation (partial)
37	Food Works, Northeast Organic Farming Association (NOFA), Shelburne Farms	Vermont Food Education Every Day (VT-FEED)	Create food system change; work with schools and communities to raise awareness about healthy food, role of local farmers, and nutrition	State of Vermont	Ongoing for past 10 years	Schools, communities and Vermont farmers (estimated 64 Farm to School programs in Vermont, involving 132 schools in 29/362 districts)	
38	Vermont Sustainable Jobs Fund (VSJF), UVM's Center for Sustainable Agriculture, Sustainable Agriculture Council	Farm to Plate Investment Program	Creating a 10-yr strategic plan to foster economic development and job growth in Vermont's farm and food sector, as well as increase access to healthy local food for underserved populations	State of Vermont	Year project beginning in mid-2009	Small-scale farmers, Vermont residents	State appropriations

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Agriculture						
39	Vermont Housing and Conservation Board (VHCB), USDA, Vermont Agency of Agriculture, Vermont Economic Development Authority, UVM Extension Service	Vermont Farm Viability Enhancement Program	To enhance profitability and quality of life on Vermont Farms	State of Vermont	Ongoing	experienced farmers seeking business planning advice and/or technical assistance	State, federal and private funding
40	VHCB	Farmland Preservation Program	Conservation of important agricultural lands and retaining Vermont's agricultural land base	Statewide with focus on strong farming regions	Ongoing	Vermont farmers and residents	State legislative appropriations
41	NOFA-VT, Dept for Children and Families, (DCF) Agency of Agriculture, RC and D Councils	Vermont Farmers' Market EBT and Debit Cards Project	Bring technology to farmers' markets to accept 3squaresVT benefits; conduct a double-value matching incentive program at all 26 markets in 2010	Statewide	Summer market season 2010	3squaresVT participants	
42	Department of Agriculture	Farm to School grants	Provide grants for agricultural and nutrition education activities in schools	Statewide	Ongoing	School Children	State funding

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Agriculture						
43	Dept for Aging and Independent Living, DCF, UVM, NOFA-VT	Senior Farmers' Market Nutrition Program	Provide vouchers to buy fresh fruits and vegetables from farmers' markets and Community Supported Agriculture (CSA) Programs	Statewide	Summer growing season 2010	Income-eligible Vermonters over 60 years old.	

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Land Use and Transportation						
44	VDH, Department of Economic Housing and Community Development	Smart Growth/Built Environment Project	Supporting communities to address health in town plans and enabling health advocates to engage in land use planning and implementation.	State of Vermont	Current	All Vermonters	Reinvestment Funding in Stimulus Bill (Federal)
45	VT Department of Transportation (VTrans), DOE, VDH	Safe Routes to School Program (SRTS) (Adopted from the Safe Routes to School National Partnership with help from Vermont-based Center for Health and Learning)	Promoting kids walking and biking to school in a safe way	28 participating communities in 2007	Ongoing	Primarily children K-8	Federal funding through the Federal Aid Transportation Bill SAFETEA-LU from the Federal Highway Administration - approx (2009 funding at \$1 million)
46	Vermont Mountain Bike Association, Vermont Department of Forests, Parks and Recreation	Mountain biking and corridor management on State Lands	Promotion of mountain biking	State Lands and several municipalities	Ongoing	Youth groups, individuals, land owners, tourists	
47	American Association for Retired Persons (AARP), Snelling Center for Government, numerous co-conveners	Transporting the Public	Develop opportunities and actions to improve options for transportation, including bicycle and pedestrian infrastructure	Statewide	Final Report October 2009	Pedestrians and bicyclists	Snelling Center, AARP

Vermont Programs Related to Obesity

	Sponsors	Project/Program	Mission	Geographic Area	Timeframe	Population Served	Source of Funding
	Land Use and Transportation						
48	Agency of Commerce	Growth Center Designation	Identifies compact areas of existing and new development; plan for Smart Growth including transportation options.	6 designated towns	Ongoing		
49	Agency of Commerce	Downtown Program	Designated Downtowns receive assistance to improve transportation infrastructure and obtain priority on grants that support revitalization.	23 historic downtowns	Ongoing		
50	Green Mountain National Forest	"Hike with US" program	Post featured hikes in the National Forest all summer long, 900 miles of trails in Vermont	Green Mountain National Forest	Ongoing	All ages	