

Obesity Ideas - Everything Else

implement methods used by Dartmouth's Action Learning Collaborative, one of the CDC's Prevention Research Centers

Need to learn more about what VDH and DOE are doing/proposing

Develop partnerships with American Heart Association, Clinton Foundation and other organizations to develop local and national strategies

a state adoption of scientific based research to support their initiatives

Health care for all

Review: Recommended Community Strategies and Measurements to Prevent Obesity in the United States

http://www.cdc.gov/obesity/downloads/community_strategies_guide.pdf

Livable wages for all

Target obesity prevention (children)

conduct community based prevention research, collecting statewide data on parameters of health (eg body mass index)

Develop partnerships with national, state and community organizations to promote physical activity

The knowledgeable staff at the DOH should be able to reference evidence based practice to develop policy and recommendations, instead of the agenda of the executive branch.

conduct pilot research projects to reduce obesity

Discuss/ propose plan to increase funding of obesity prevention programming in VT

Ask the governor and the legislature to begin modeling physical activity and healthy eating behaviors throughout the sessions - change what is on their tables in their conference rooms. Helps to see our leaders working out on a regular basis.