

Restaurant Menu Labeling:

Mandatory menu labeling in all public and private eateries. This includes restaurants, worksite and school cafeterias, food services and vending machines. A percentage of offerings through above services must meet nutrition standards under VDH at equal

Restaurant menu labeling with calories, fat and sodium information would help individuals make lower calorie, healthier choices. This labeling should extend to snack menus such as popcorn servings at movie theaters, etc.

Work to implement a menu labeling requirement for chain restaurants in VT

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Restaurant labeling

Working with the national food chains to change their messages, reducing the food on the plates, providing more information on menus about calories in dishes

Mandatory labeling in resaturants that have more than 10 units operating throughout the state

Product Labeling:

Develop new labeling protocols and develop natural sweeteners. Work with other companies to promote lower calorie diets and lifestyles

Food Labeling

Encourage healthy eating choices by discouraging the consumption of sugar sweetened beverages and assuring that calorie information is available on prepared foods.

Nutritional education at Food Shelves

Promotion of voluntary efforts such as guiding stars program by Hannaford

Advertising (to children and others)

Limit advertising of unhealthy foods, especially to youth

Decrease advertising directly to children for snack foods, sweetened foods & beverages, fast foods

Statewide marketing campaign to young teens about healthy food choices - to offset the heavy advertising from fast food and pizza restaurants.

Taxes on food products:

Additional taxes on sugar sweetened beverages or just "soda tax."

Junk food or soda tax

Soda tax (2x)

Implement a soda tax, use the proceeds to supplement healthy fresh foods for school lunch and or make these healthier meals cheaper.

Tax on Soda.

Additional taxes on sugar sweetened beverages or just "soda tax."

Create stewardship fee/taxes on or develop incentives to promote items that contribute to health or ill-health to put back into programs that will contribute to positive/desired outcomes.

Tax on soda and snack foods with high sugar, fat or salt targeted towards nutritional education, walking/hiking paths or school fitness programs
sugar-sweetened beverage tax to fund prevention efforts

Tax on all sugar-sweetened beverages with revenues going to support Farm-to-School or efforts to incentivize local markets to provide access to fresh

Policies that encourage healthy eating, possibly including incentives or subsidies and taxes.

Product Placement in Stores:

Control the items for sale at the store on the 1st and the 15th. Low cost items are full of fat and sodium.

Product Offerings (including support for local foods):

Promote healthy recipes and cooking ideas through fliers in local grocery stores and articles in weekly newspapers.

Promote and develop a wide range of beverages that are zero or no calorie

Policies that encourage/help individuals access fresh fruits and veggies.

Healthy foods as easily accessible as unhealthy alternatives

Increasing availability and accessibility of fresh fruits, vegetables and whole foods.

Make food prices better reflect the long term, total cost of eating those foods

Increase year round availability & affordability of fresh fruits & vegetables, especially in areas with few supermarkets

local food systems support via link to schools, farmers markets, etc. – adds nutritious local foods, supports local agriculture and economy, maintains VT environment

Connect with the strengthening local foods movement to promote healthy eating habits and strong communities.

connecting with the VT local food movement, healthy communities are built around local economy and knowing your food and where it comes from

Provide incentives for restaurants to serve reasonable portion sizes.

Policies to make healthy eating the default option in the community

Vermont Should improve access to inexpensive fruits and vegetables in rural Vermont, "food desserts" this can be accomplished with a variety of incentives and partnerships with grocery store chains, the Campaign to End Childhood hunger and other groups.