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How You Can Help The Motherland

Clothes are very important. They keep you warm and cozy and they are a huge part of fashion, but they also take a lot of materials and resources to make.

Over 100 billion garments are made a year, and only 1% of those garments are made out of recycled cloth. \$460 Billion dollars of perfectly good clothing is thrown away every year. One garbage truck full of clothes is burned in landfills every second, that's a lot of clothes. This is why it is so important to resell and donate your old garments, just because you don't want to wear them anymore doesn't mean someone else won't like them. This doesn't only apply to clothes if you have a stuffed animal or a toy you don't want, you can donate it to Goodwill or sell it to Once Upon a Child. Clothes are made very cheap nowadays but instead of buying a t-shirt for cheap you can buy a higher quality shirt for more that you can get more use out of.

Washing clothes also uses a lot of water which is bad for the environment and it's also bad for your water bill. So instead of wearing a shirt to bed once and then washing it even though it's clean, you can use it for the rest of the week.

Fast food is another huge problem. It starts in the rainforest where 150 acres a minute of rainforest is lost to make cow pastures for McDonalds, Wendys and other fast food restaurants. This is a huge problem because the rainforest produces 20% of the world's oxygen which is a lot, and the cow farms are very inhumane. You

can stop this by eating local when you eat out, or even better eat last night's leftovers for lunch.

Electricity is a huge problem as well, you spend a lot of money on it and the cost to the environment is immense. Making it also creates ash and smog which is very bad for the planet and is one of the causes of global warming, so what can you do to help? You can unplug your appliances like your television, the microwave, your gaming console and your phone chargers because even if you're not using them it still uses up electricity. When you leave a room you can turn off the lights, and if you wash your clothes on hot you can switch to washing them on cold or warm because it takes a lot of energy to heat your boiler. These are just some of the things you can do to fix the damage that big companies and the human race has caused to planet Earth and just remember this is our planet and there's no replacing it.

Good Night :)